

NB DAY CAMP

2025 PACKING LIST



Parents, please label EVERYTHING your Camper will bring with them to Camp with some form of permanent marker to ensure we can get it back to them as soon as it is found.

- Water Bottle (labeled with Campers' first and last name - we suggest a piece of duct tape so it doesn't wear off)
- Lunch (Monday - Wednesday, see below for details)
- Athletic shoes (closed-toe)
- Towel
- 1 modest swimsuit (gals: one-pieces only)
- Pool footwear (sandals, flip flops, etc.)
- A change of clothes for after the pool if desired
- Sunscreen Bottle (apply some before arriving to Camp)
- Swim goggles or ear plugs if needed
- Pen or Pencil

Things to leave at home:

- Snacks, candy, and gum. These items will be thrown away.
- **Expensive items** (cameras, smart watches, toys. etc.) We will take these items from the Campers to be returned. T Bar M cannot be held responsible should anything happen to them.
- Cell phones are not allowed at Camp. Please leave these at home.
- Makeup - please do not bring! Natural beauty is celebrated at Camp!
- Any type of weapons. We take this seriously and will call parents upon finding anything questionable.

WATER BOTTLE NOTE: Please make sure your Camper packs their own water bottle. T Bar M will not be supplying water bottles to Campers.

Bring Your Own Lunch: Pack something filling to help your Camper refuel halfway through the day. We want to be sensitive to our Camper's allergies so please only pack food for your Camper. **We do provide lunch on Thursday (Pizza) and Friday (Chick-fil-A), however if your Camper has special dietary needs, please ensure to pack them a lunch on these days as well.** We will provide a snack in the afternoon and plenty of water throughout the day to ensure your child is hydrated and full of energy.

Medication Requirements: All medications of any kind must follow our medication policy. Any medication brought to Camp that does not follow our guidelines will not be accepted. You are accountable to know and follow these guidelines.

In addition, please do not send important notes in your Camper's bag. We will likely never see them. **Contact the Day Camp Directors (daycamp@tbarm.org) about important daily information and details concerning your Camper.**



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2025 THEME DAYS

Day 1 – Deep in the Heart

Start off the week Deep in the Heart! Meet your fellow Campers and your Coaches for the first time and get ready for the most FUAGNEM (Fired Up and Going Nuts Every Minute) week of your summer!

What to wear – Come dressed ready to play (no costumes)

Day 2- Gameday (Sessions 2, 3, 4, 5, 7, 8, 9, 10 only)

Wake up, it's Gameday! We're calling all athletes of any sport to come compete with their cabin for the Gameday grand prize. Whether you're the next golf phenom or a budding basketball star, your team needs you!

What to wear – Your favorite jerseys or sports gear. Jerseys, cheer uniforms, golf polos, referee shirt and whistle – all things sports!

Day 3 - The Holiday Dash

Why wait all year counting down the days until your favorite holiday? We're going to "campify" the holidays by jam-packing them all into one day! Get ready to dash through the holidays with your cabin, experiencing the joy of Christmas, the patriotism of Independence Day, and the gratitude of Thanksgiving, all with a Camp twist!

What to wear – Christmas sweaters, red, white, and blue, St. Patrick's Day green, heart shaped glasses, or your Easter Sunday best. Be creative! Turn your favorite holiday into a fun outfit.

Day 4 - Mission Impossible

ATTENTION! The mission is simple ... Don't Waste Fun! We need the most FUAGNEM cadets to report for duty immediately!

What to wear – Dark colors, camouflage, stealth gear, and your fastest pair of tennis shoes!

Day 5 - Alpha vs. Omega

The showdown of the century, the greatest rivalry on earth, and a competition like no other ... Alpha versus Omega. Red versus Blue. Who will win it all?

What to wear – Alphas wear Red. Omegas wear Blue. Rep your team with all you got! Bandanas, face paint, sunglasses, socks – it'll be a sea of red and blue.

